

# MENU

All Fresh items must be pre-ordered

## CARDIFF CANTEEN

FRESHLY PREPARED  
EVERYDAY

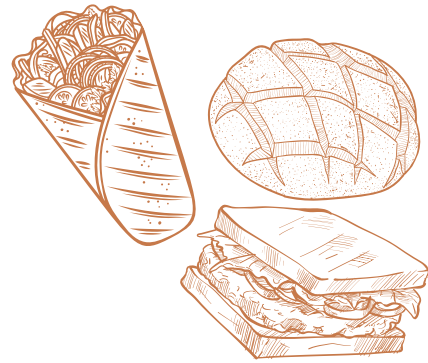


### WRAPS, ROLLS & SANDWICHES

Plain	\$4.00
+ Ham	\$2.00
+ Chicken	\$2.00
+ Egg	\$1.00
+ Cheese	\$1.00
+ Lettuce	\$0.50
+ Tomato	\$0.50
+ Carrot	\$0.50
+ Beetroot	\$0.50
+ Cucumber	\$0.50
+ Onion	\$0.50
+ Pineapple	\$0.50

#### Sauces

+ Lite Mayonnaise	\$0.50
+ Sweet Chilli Sauce	\$0.50



### SALAD TUBS

Plain (Lettuce, Tomato, Carrot & Cheese)	\$6.00
+ Ham	\$2.00
+ Chicken	\$2.00
+ Egg	\$1.00
+ Beetroot	\$0.50
+ Cucumber	\$0.50
+ Onion	\$0.50
+ Pineapple	\$0.50
+ Lite Mayonnaise	\$0.50
+ Sweet Chilli Sauce	\$0.50
+ Salad Dressing	\$0.50



### FRESH FRUIT

Seasonal Fruit	\$1.00
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### HOT FOOD

Chicken Burger	\$7.00
Hot Cheese Roll	\$3.00
Garlic Bread	\$4.00
Hamburger, Plain (Lettuce, Cheese, Tomato, Beetroot, Carrot, Onion,)	\$8.00
Hamburger, Works (Lettuce, Cheese, Tomato, Beetroot, Carrot, onion, Pineapple, Egg & Crispy Ham)	\$10.00



# MENU

## CARDIFF CANTEEN

P R E - P A C K A G E D



### DRINKS

Bottled Water	\$2.00
Flavour Milk (L)	\$4.00
Flavour Milk (S)	\$3.00
Up & Go	\$3.00
Pop Top Juice	\$4.00
Juice Bombs	\$3.00
Chill J	\$3.00
Chill Iced Tea	\$4.00
Flavoured Mineral Water	\$3.00



### ICE BLOCKS

Nice N Joosey	\$0.50
Ice Mony	\$1.00
Frozen Yogurt	\$3.00



### BREAKFAST

Cheese & Ham Roll	\$3.00
Low fat Muffin	\$3.00
Hash Browns	\$1.50



### SNACKS

Popcorn	\$1.00
Cheese n Crackers	\$1.50
Honey Soy Chips	\$2.00
Original Chips	\$2.00



### HOT FOOD

Lean Meat Sausage Roll	\$4.00
Lean Beef Pie	\$5.00
Fancy Pie	\$5.50



### SAUCES

Tomato	\$0.50
BBQ	\$0.50
Sweet Chilli	\$0.50

All handmade items must be pre-ordered.  
Only packaged items are available over the counter.

Orders can be placed online via the Sentral Parent App or  
at the Canteen window by 9am